



**The Catholic Women's League Of Canada
London Diocesan AMM/Convention
April 22 - 24, 2024**



You are Invited to the

104th Annual Diocese of London

Annual Meeting of Members / Convention

on

April 22-24, 2024

at

Best Western Plus Lamplighter Inn & Conference Center

Information and Registration Package

"Here I am Lord, Send Me"



The Catholic Women's League Of Canada
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My dear sisters in The Catholic Women's League,

A warm welcome to our 2024 AMM/convention. These gatherings are always an opportunity to experience Faith, Service and Social Justice with each of our councils being given the opportunities to share with others our unique ways of exploring the three pillars. I encourage you to reach out to someone you do not know so that you can learn something new from them. Also please approach members of the executive to get to know them.

We really enjoyed the chance to meet and listen to you at the Unity Project Outreach. It was a wonderful opportunity to see your smiling faces.

We are planning our Keynote speaker, Betty Colaneri to speak on Faith, Daniela Salcedo on Development and Peace Caritas, and Debra Major on The Story of Bishop Fallon who brought The Catholic Women's League to London diocese.

We will also be having special draws on Tuesday and Wednesday for those who wear their CWL pin(s). Please plan on attending our AMM/convention. I look forward to meeting and sharing with you.

Blessings ,
Mary Bannon
Diocese of London Catholic Women's League President

"Here I am Lord, Send Me"



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Dear Sisters in the League:

Welcome to the Catholic Women's League, London Diocesan Annual Meeting of Members (AMM) Convention. We, the London/Middlesex Regional Convention Committee, are looking forward to spending quality time together at the Lamplighter Inn, London from April 22nd to 24th, 2024.

We have a full day planned for your pleasure on Monday, April 22nd. We will start the morning off at 9:00 am, boarding a big yellow school bus to tour St. Peter's seminary with Fr. Michael Prieur as tour guide. You will enjoy a leisurely tour with many tidbits of information of the past, the present and future plans at the seminary. You will also enjoy lunch at the seminary.

We will arrive back at the Lamplighter at 1:30 pm, so we can all attend the "Joy of Leadership" workshop.

This year we are carpooling to Mass at St. John the Divine. Opening Mass will be at 4:30 pm followed by a Roast Beef Dinner in the St. John the Divine parish hall and served up by volunteers from the West Middlesex Catholic Family of Parishes. We'll head on back to the hotel for "Fun Night" with the theme "Merry Time Kitchen Party".

You'll be able to enjoy a wonderful Spiritual Program throughout our 3 days together with 3 masses, opening and closing prayers, a prayer room and once again a lovely "Crowning of Mary" ceremony. For this year's "Crowning of Mary" you are invited to make a collection at your parish for your favourite charity, and donate it directly to them. For convention, you will bring one sample bag of items you've collected and where it's going for the actual ceremony, which you will once again take home with you after we collate all the information. In this way we can share throughout our entire diocese.

The proceeds from the collection at our re-affirmation Mass will be divided equally between three important services in our community: 519 Pursuit, Hospice of Elgin and the Canadian Mental Health through "My Sisters' Place".

There will be a vendors' room, however we are not having a layette raffle.

We will have 'Share the Wealth' tickets available for those who might be interested. This will help defray some of our convention costs.

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Mary Bannon has lined up some very interesting guest speakers, to give us a better understanding of where we've come from, our objectives, and how we can be "Alive and Well" as a women's organization in the Catholic Church for many years to come.

In order to keep some of the costs down we've decided to steer away from expensive breakfasts and coffee breaks. There are no breakfasts on your registration form and the coffee breaks are coffee only. To that end if you want to bring along a few breakfast or granola bars for yourself, that will significantly decrease your costs. However there is a restaurant attached to the hotel and we've asked that they provide extra staffing at breakfast time in case of a larger volume of customers.

Last year everyone received a name tag holder and they were asked to take it home and bring it along this year. Please don't forget to bring yours.

Mary Bannon has also stated that she will be holding special draws on Tuesday and Wednesday for those members who are wearing their CWL pins. You might want to remember yours.

The main objective of this Annual Meeting of Members is to get to know our sister members, see what our neighbour councils are up to and to enjoy each others' company. To that end we would appreciate if each attendee makes the effort to get to know 5 new ladies in the "League".

We're looking forward to seeing all of you at our 2024 Diocesan CWL Convention.

Yours in Love of the League

Linda Van Raay and Lucy Hendrikx
London Region, Convention Co-chairs

"Here I am Lord, Send Me"



April 2024

Dear Sisters of the Catholic Women's League, Spiritual Advisors, delegates and guests. Christ is Risen. Alleluia! Alleluia!

I wish to welcome all of you to our Annual Meeting of Members, as we journey through this sacred season of Easter. Each year we make a point to gather together as a family in our Catholic faith, to spend these few days to pray, reflect, discuss, share and grow in the ways God desires to work through us, to better serve our communities, our parishes, and our country.

A significant part of the Easter season is renewal in the risen Christ, and to bring new life in our own circles, and those around us. I experienced a taste of this when I attended World Youth Day in Portugal this past year. The theme our Holy Father Pope Francis chose was "Mary arose and went with haste" (Lk 1:39). I was moved by the faith of the millions of young adults who traveled from across the globe to celebrate and worship our Lord Jesus through the lens of Mother Mary. It was an affirmation that the Holy Spirit and the prayers of our Blessed Mother are at work in the minds and hearts of our young. I was touched by how many of the young shared the importance of a mother, a father, a sister, a grandmother, an uncle, or aunt, who were the catalyst to keep their Catholic faith alive and to live it!

This year Bishop Fabbro called a Year of Prayer for Priestly Vocations. We know the importance of accompanying our young to know, love and serve God and embrace His will for our lives. I am grateful for all the prayers and service the CWL has given over the many decades to our community and parishes, but especially to our seminarians and priests.

I pray that God will continue to bless the good work you have been doing in years past, and I pray these days together bring all of you renewal in the joy and love of our risen Lord!

In Christ,
Father Paul Kim
London Diocesan Spiritual Advisor

"Here I am Lord, Send Me"



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Theme: "Here I am Lord, Send Me"

Tentative Agenda

Monday, April 22, 2024

8:00 a.m.	Registration open - pick up name tag, tour ticket (if attending), and meal tickets
9:00 a.m.	Tour and Lunch - St Peter's Seminary (Board bus at 9:00 a.m.)
11:00 a.m.	Executive Meeting
2:30 p.m.	Workshop: The Joy of Leadership at Lamplighter
3:20 p.m.	Prepare to attend mass & carpooling
4:30 p.m.	Opening Mass and Ceremonies at St. John the Divine
6:00 p.m.	Dinner at St. John the Divine
8:00 p.m.	Fun Night at Lamplighter (Cash Bar and Share the Wealth Tickets Available)

Tuesday, April 23, 2024

7:30 a.m.	Registration Open - pick up name tag and meal tickets
8:45 a.m.	Welcome, Introductions and Acknowledgements <ul style="list-style-type: none">• Reading of the Rules of Order• Acceptance of the Rules of Order• Acceptance of the 2022 AMM/Convention minutes• Acceptance of the Agenda
9:30 a.m.	Keynote Speaker: Betty Colaneri (National Vice President)
10:00 a.m.	Coffee Break
10:30 a.m.	Keynote Speaker: Continued
11:15 a.m.	Treasurer's Report
11:30 a.m.	Regional Chairperson's Reports
12:00 p.m.	Angelus, Grace, Lunch, Life Member Lunch
1:00 p.m.	Opening Prayer - Crowning of Mary
1:20 p.m.	Development & Peace: Daniela Salcedo (Social Justice)

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Tuesday, April 23, 2024 - Continued

2:00 p.m.	Executive Reports
2:30 p.m.	Coffee Break
3:00 p.m.	Presentation from Provincial Representative
3:20 p.m.	Closing Prayer
4:30 p.m.	Mass of Reaffirmation at St. Justin's (carpooling and approx 5 min drive)
6:15 p.m.	Banquet at Lamplighter

Wednesday, April 24, 2024

8:00 a.m.	Registration Opens
8:45 a.m.	Opening Prayer
9:00 a.m.	Credentials Report
9:15 a.m.	Honouring our History: Debra Major Kennedy, London Diocesan Archivist
10:00 a.m.	Report from Betty Colaneri, National VP
10:30 a.m.	Coffee Break
11:00 a.m.	Life Member's Liaison Report, Marie Theresa Lamphier
11:15 a.m.	President's Report
11:30 a.m.	Question & Answer Time
11:45 a.m.	Angelus, Grace and Lunch
1:00 p.m.	Afternoon Prayer
1:15 p.m.	Invitation to 2025 AMM/Convention, Stratford
1:30 p.m.	Mix and Mingle
2:00 p.m.	Closing Mass at Lamplighter Inn
3:00 p.m.	Adjournment

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Daily Details

Monday, April 22, 2024 - Fun Day

9:00 a.m. Tour and Lunch - (Limited to the **first 44** registered)

There will be a school bus loading at the Lamplighter Inn at 9:00 am and traveling down to St. Peter's Seminary. This tour, led by Fr. Michael Prieur, offers a fascinating journey through the rich history and architectural beauty of this iconic institution. You'll explore the stunning chapel, delve into the seminary's pivotal role in the community, and witness the blend of tradition and modernity that makes this place truly special. Join us for an enlightening and memorable experience! The tour will last approximately 1.5 - 2 hours. Lunch will be had at the Seminary and will consist of Soup, Entree, Salad Bar, Dessert, Fresh Fruit, Coffee/Tea (they will also be able to accommodate dietary requests).

2:30 p.m. - Joy of Leadership Workshop - This workshop will take place back at the Lamplighter Inn.

4:30 p.m. - Opening Mass and Dinner Information

The opening Eucharistic celebration will be held at St. John the Divine parish located at 390 Base Line Road West, London, Ontario, N6J 1W1. There will be an opportunity for those who are around the Lamplighter at or around 3:20 pm to organize some carpooling over to the Parish. Following the opening celebration, a meal will be prepared and served by members of the West Middlesex Catholic Family of Parishes.

6:00 p.m. - 3 Course Roast Beef Dinner

Choice of Garden or Caesar salad, roast beef - with horseradish and gravy, mashed potatoes, bean medley & corn, dinner rolls and butter, relish tray, pie or cheesecake for dessert, coffee/tea. Served buffet style. The Vegetarian meal will be Garden Salad, vegetarian lasagna, dinner rolls and fresh fruit.

8:00 p.m. - Fun Night Information

Merry Time Kitchen Party live entertainment with cash bar and share the wealth tickets available and will take place back at the Lamplighter Inn.

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Tuesday, April 23, 2024

Coffee Breaks (AM and PM) - Coffee and tea only (please bring your own snack). Both the morning and afternoon coffee break are included in the cost of \$10.

Lunch - Ready Made

Lunch will include California spring mix with an assortment of vinaigrettes or soup du jour, crisp vegetable crudites with herb dip, assorted sandwiches on a selection of herb ciabatta, focaccia, whole grain kaisers, wraps, sweet selections and seasonal fresh fruit, coffee, tea and soft drinks

“Crowning of Mary” Ceremony

Each Parish will choose their favourite charity to take up a collection of items for. Each parish will bring 1 (one) small sample bag of the items collected and labeled where it is going to for the ceremony.

Mass Information and Collection at the Reaffirmation Mass

Collection during the reaffirmation mass, held at St. Justin's Parish will be evenly distributed to 519 Pursuit, Hospice of Elgin, and the Canadian Mental Health through “My Sisters' Place”.

Banquet - Select 1 (one) choice on your delegate registration form:

Caprese Chicken - Caprese stuffed chicken breast (mozzarella, sun dried tomato, sherry juice) chef's seasonal veggies, roasted spuds, assorted flatbreads and european rolls, desserts, coffee/tea.

Salmon: Oven baked atlantic salmon, with a french herb crust, lemon dill sauce, chef's seasonal veggies, saffron rice, assorted flatbreads and european rolls, dessert, coffee/tea.

Vegetarian

Other Banquet Details:

Banquet seating will be random based on Convention Registrants first and Banquet only as space allows.



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Wednesday, April 24, 2024

Coffee Breaks - Coffee and tea only (bring your own snacks). There will only be the one break offered on this day for \$5.

Lunch: Mama Mia Italian Lunch

Crispy caesar salad, toasted croutons, pizza style focaccia bread, garlic bread, penne, tortellini, meat and mushroom bolognese, marinara, creamy alfredo, italian style roast veggies, sweet selection, seasonal fruit, coffee, tea, soft drinks.

Closing Mass will be held at the Lamplighter Inn.

General Convention Notes/Reminders

1. If you have your plastic name tag holder from Sarnia Convention, please indicate on your registration form you have it and will bring it with you to the London Convention.
2. Breakfast will not be offered as part of the convention. The hotel does have a restaurant for convenience. Please indicate on your registration form that you will be eating at the restaurant so that we are able to give them a rough idea on numbers so that they can better staff the mornings to accommodate.
3. Wear your pin and/or name tags for chances to be entered into draws throughout the convention.
4. If you have any allergies or other needs, please indicate on your delegate registration form for us to aid in ensuring you have a safe and enjoyable experience at the convention.



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Accommodation Booking Information

Location: Best Western Plus Lamplighter & Conference Centre
591 Wellington Rd. South, London, Ontario, N6C 4R3

Phone: 519-681-7151 OR 1-888-232-6747

Rates: \$149.00 Standard 2 Queen or Single King
\$159.00 2 Queen or Queen Mini Suite with Atrium View
\$169.00 King Suite

Room rentals are subject to 13% HST and 4% MAT
Rooms must be booked prior to March 21, 2024
Mention you are with the CWL Convention for the Rate

Breakfast: Breakfast will not be a part of the convention, however, there is a restaurant at the Lamplighter for your convenience. If you are wishing to eat breakfast here, please indicate on your registration form that we are able to provide the venue with numbers so they are able to staff accordingly to accommodate us.



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Maps / Directions

To the Best Western Plus Lamplighter Inn & Conference Centre

For GPS: - Destination Address is - 591 Wellington Rd, London, Ontario, N6C 4R3

Directions from Windsor

- Take 401E to London
- Take Exit 186 for Wellington Rd toward London/Downtown/Centre
- Use the left 2 lanes to turn onto Wellington Rd South
- Stay on Wellington Rd S for about 4 km
- Use the center turn lane to turn left into your destination at the Best Western Plus Lamplighter Inn & Conference Centre

Directions from Sarnia

- Take 402E via the ramp to London for 101km
- Merge onto 401E and stay on 401 for 1.2 km
- Use the left 2 lanes to turn onto Wellington Rd South
- Stay on Wellington Rd S for about 4 km
- Use the center turn lane to turn left into your destination at the Best Western Plus Lamplighter Inn & Conference Centre

Directions from Wingham

- Head toward Josephine St/London Rd/Huron County Rd 4
- Turn onto Huron County Rd 4 and stay on for 35.9 km
- Continue following ON-4 S to Central Ave In London
- Continue straight onto Richmond St for 5 km
- Turn Left onto Central Ave
- Turn Right onto Wellington St
- Stay on Wellington St for about 4.6 KM
- Turn right into the Best Western Plus Lamplighter Inn & Conference Centre



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Lamplighter Inn to St. John Divine

- Heading out of the parking lot at the Lamplighter Inn turn left onto Wellington Rd South
- Turn Left onto Commissioners Rd W
- Stay on Commissioners Rd W for about 3.7 km
- Turn Right onto Beachwood Ave
- Turn Left onto Baseline Rd W
- Destination will be on the right
- **For GPS:** Destination Address - 390 Base Line Rd W, London, Ontario, N6J 1W1

Lamplighter Inn to St. Justin's Parish

- Heading out of the parking lot at the Lamplighter Inn, turn right onto Wellington Rd South
- Turn right onto Southdale Rd E
- Turn Left onto Ernest Ave
- Your destination will be on the left
- **For GPS:** Destination Address - 855 Jalna Blvd, London, Ontario, N6E 2S2



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Registration Process Instructions

Printing / Filling In Forms:

1. Print 1 individual form per delegate intending on attending
2. Have each participant fill in their form and submit back to the parish council they are registered to with payment for their registration
3. Personal cheques should be made out to the delegate's own parish council
4. Print 1 Parish Council Summary Form and fill in the summary based on what delegates have entered.

Instructions for Remitting Payment:

1. Have all individuals remit payment to their respective parish CWL
2. Parish Council to remit package per parish containing
 - a. 1 (one) summary form containing parish totals
 - b. ALL corresponding delegate forms
 - c. 1 (one) cheque to the address below and make out to "London Regional CWL" for the total amount due from your parish.

Key Deadlines:

January 20	Registration packages given to regional chairs
March 21	Ensure all required rooms have been booked
April 1	All registration packages must be received by the convention committee

Mail 1 Package Per Parish to: J'Nan Sturgis at 3 Rexway Rd, London Ontario, N6G 3C1

<u>Enquiries:</u>	Registration: J'Nan Sturgis	jnansturgis@gmail.com	519-615-3723
	General: Lucy Hendrikx	lulouhendrikx@gmail.com	519-878-6413
	Linda VanRaay	jvanraay@hotmail.ca	519-868-5936

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Parish Registration Summary Form (1 Per Parish Council)

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Registration Deadline: April 1, 2024

Parish Council Name and City: _____

President Name & Phone Number _____

Select your Region: ☐ Essex ☐ Huron-Perth ☐ Ingersoll ☐ Kent
☐ London ☐ Sarnia ☐ Windsor

Is the President Attending? Yes _____ No _____

Please complete the following table as a summary from your council.

	QTY	Amount	Total
Convention Registration Fees Summary:			
Whole Convention	_____	\$50	_____
Tuesday Only	_____	\$25	_____
Wednesday Only	_____	\$25	_____
Monday Tour & Lunch - St Peter's Seminary		\$30	
Monday Dinner Tickets			
Roast Beef	_____	\$27.50	_____
Vegetarian	_____	\$27.50	_____
Monday Fun Night		\$5	
Tuesday Coffee/Tea Breaks (includes AM & PM breaks)		\$10	
Tuesday Lunch Tickets - Soup/Salad/Sandwiches		\$45	
Tuesday Banquet Tickets: (includes gratuity and tax)			
Chicken	_____	\$75	_____
Salmon	_____	\$75	_____
Vegetarian	_____	\$75	_____
Wednesday Coffee/Tea Break (includes AM break only)		\$5	
Wednesday Lunch Tickets: Mama Mia (pasta)		\$45	
Additional Printed Annual Report Books (Can be downloaded for free on website)		\$25	
Late Fee: After April 1, 2024 (Per Delegate)		\$25	
Grand Total Amount (Please write one cheque per parish for the grand total)			

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Individual Registration Form (1 Per Delegate)

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Registration Deadline to Regional: April 1, 2024

Parish Council Name and City: _____

Delegate Name & Phone Number _____

Select your
Region

☐
☐

Essex
London

☐
☐

Huron-Perth
Sarnia

☐
☐

Ingersol
Windsor

☐

Kent

Select your
Designation

☐
☐

Voting Delegate
Spiritual Advisor

☐
☐

Accredited Delegate
Past Spiritual Advisor

☐
☐

CWL Member
Guest

☐
☐

Life Member
Banquet Only

NOTE: Full or One day Convention Attendees will have priority registration for the banquet. All Banquet Only registrations will be waitlisted until available numbers are determined.

	Amount	Total
Convention Registration Fees Summary:		
Whole Convention	\$50	
Tuesday Only <input type="checkbox"/> Wednesday Only <input type="checkbox"/>	\$25	
Monday Tour & Lunch - St Peter's Seminary	\$30	
Monday Dinner Tickets (Select One)		
Roast Beef <input type="checkbox"/> OR Vegetarian <input type="checkbox"/>	\$27.50	
Monday Fun Night	\$5	
Tuesday Coffee/Tea Breaks (includes AM & PM breaks)	\$10	
Tuesday Lunch Tickets - Soup/Salad/Sandwiches	\$45	
Tuesday Banquet Tickets: (includes gratuity and tax)		
Chicken <input type="checkbox"/> OR Salmon <input type="checkbox"/> OR Vegetarian <input type="checkbox"/>	\$75	
Wednesday Coffee/Tea Break (includes AM break only)	\$5	
Wednesday Lunch Tickets: Mama Mia (pasta)	\$45	
Printed Annual Report Books - Optional (Can be downloaded for free on website)	\$25	
Late Fee: After April 1, 2024 (Per Delegate)	\$25	
Grand Total Amount (Write cheque to your Parish Council for total)		

I have my name tag holder from last year and will bring with me

☐ Yes ☐ No

I will be choosing to eat breakfast at the Hotel Restaurant

☐ Mon ☐ Tues ☐ Wed

Allergies

Please state any allergies we need to be aware of to ensure your safety and comfort at the convention.

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